

SPAR European Cross Country Championships 2016 Chia/Italy 11 December 2016



TIMETABLE

Opening Ceremony	10:00
U20 Women Race	10:15
U20 Men Race	10:40
U23 Women race	11:10
U23 Men race	11:50
Senior Women Race	12:30
Senior Men race	13:10
Victory Ceremonies	14:15
U20 Women Individual ceremony U20 Women Team ceremony	14:15-14:19 14:20-14:27
U20 Men Individual ceremony U20 Men Team ceremony	14:30-14:34 14:35-14:42
U23 Men Individual ceremony U23 Men Team ceremony	14:45-14:49 14:50-14:57
U23 Women Individual ceremony U23 Women Team ceremony	15:00-15:04 15.05-15.12
Senior Women Individual ceremony Senior Women Team ceremony	15:15-15:19 15:20-15:27
Senior Men Individual ceremony Senior Men Team ceremony	15:30-15:34 15:35-15:42
Flag Handover	15:45